



*Senior Living and Care Solutions*

## 12 Signs Your Loved One May Need Care

- 1** Increased falls or risk of falls
- 2** Wandering from home and/or getting lost
- 3** EMS has been called to the home more than once
- 4** Unable to self-administer medications; has multiple expired medications
- 5** Normally outgoing, has become withdrawn or secretive
- 6** Difficulty with one or more activities of daily living such as bathing, preparing meals, using the bathroom, etc.
- 7** Unsanitary living conditions
- 8** Repeating questions or making multiple phone calls asking the same questions
- 9** Confusion, agitation, unfounded accusations or suspiciousness
- 10** Diagnosis of dehydration and/or malnutrition
- 11** Unsafe behavior (leaving the stove on, exterior doors opened)
- 12** Deterioration of personal hygiene